



Blitzlicht

EINBLICKE & AUSBLICKE | INSIGHTS & OUTLOOKS

INFORMATION
TO YOUR HOLIDAY
HOME

WELCOME TO HOTEL ALPENLAND.

We warmly welcome you to the Hotel Alpenland.

Enjoy the alpine mountain world, ski in-ski out on 110 kilometers of slopes, tobogganing fun, snowshoe hiking and much more.

After an eventful day, you can relax and unwind in our "alpenRelax" wellness area. If you have any questions, we are always at your disposal and wish you and your family an unforgettable stay in our hotel.

Your family Kieler & team



TABLE OF CONTENT

TABLE OF CONTENT

03	ATM BOARD GAMES BREAKFAST BATHROBE BATH SLIPPERS MADE OF TERRY BATH TOWELS / SAUNA TOWELS BILLIARDS	07	MAIN SWITCH MEAL TIMES MASSAGE NEWSPAPER
04	BICYCLE STORAGE CULINARY DELIGHTS ON 1930m CUSHION CHILDREN'S PLAY ROOM CHURCH	08	NIGHT ENTRANCE NIGHT REST PARKING PARKING PLACE PLEASE DO NOT DISTURB SIGN PHARMACY POST CARDS
05	CHECK-OUT DEFIBRILLATOR DOGS DOCTOR DINNER DART E-CAR	09	POST OFFICE & POST BOUTIQUE ROOM SERVICE SAFE SHOE POLISH MACHINE SKI AND BOOTS ROOM SKI SCHOOL OBERGURGL
06	EMERGENCY EXIT / ESCAPE ROUTE FORGET FLOWERS GIFT HORSE RIDING HAIR STYLIST HUT EVENING INDOOR POOL AND WELLNESS	10	SMOKING / NON-SMOKING SPORT SHOPS & BOUTIQUE STAMPS SUGGESTIONS SUPERMARKET TAXI WASHING MACHINE & DRYER
07	INVOICE INFORMATION RECEPTION INTERNET / WI-FI LUNCH LIBRARY	11	WELLNESS RETREAT (WINTER) WELLNESS RETREAT (SUMMER)

A

ATMs

next to the church in the town center
 next to the bakery in the village center
 directly at the Hochgurglbahn in Hochgurgl

ATMs

next to the church in the town center
 next to the bakery in the village center
 directly at the Hochgurglbahn in Hochgurgl

B

BOARD GAMES

In the basement is next to the ski cellar a small travel library, as well as the classic board games. You are welcome to borrow books and games. We only ask you to bring them back before departure.

BREAKFAST

From 07:30 am until 10:00 am a rich breakfast buffet awaits you. Settle in for a good night's sleep, recharge your batteries for a day full of activities:

- organic and wholefood cereals
- quark and various yogurts
- Fresh fruits and fruit salad
- Large selection of fruit juices
- Crisp bread rolls and sweet milk bread
- Selected jams and honey
- Cheese and sausage slices with ham and Tyrolean bacon
- Raw food offer with tomatoes and cucumbers
- Eggs with fried bacon and sausages
- Coffee from the espresso machine
- Wide selection of teas

If you miss something, talk to us at reception.

Please do not take anything from the breakfast buffet. You need a packed lunch, you can order it at reception or the service staff.

If you would like to have an early breakfast on the day of departure, we ask you to discuss this with the reception the evening before.

BATHROBE

Bathrobes are available free of charge at our reception. Unfortunately we do not have children's bathrobes.

BATH SLIPPERS MADE OF TERRY

If you wish, you can get these at our reception. Price € 4,00 per couple.

BATH TOWELS / SAUNA TOWELS

When visiting our sauna area „alpenRelax“ you will find bath and sauna towels right next to the entrance. Please do not take them into the room.

BILLIARDS

A pool table is located in the basement. Balls are available at the bar.
 Attention: from 4:00 pm to 7:00 pm the table can not be played

B

BICYCLE STORAGE

In summer we convert our ski room into a bicycle cellar. Please deposit your bike and hiking boots in our heated ski and boot room. It is not permitted to store sports equipment in the rooms and apartments and our employees are requested to bring them to the ski and boot room.

Our ski and boot room is also video-monitored.

Please do not push a wedge into the outer door, as the ski and boot room is only insured against theft when the door is shut.

C

CULINARY DELIGHTS ON 1930m

Dinner:

- 5-course evening meal with 3 main courses to choose from (summer with 2 main courses to choose from)
- Daily starter & salad selection from the buffet
- Daily cheese off the board
- For our little guests a 3-course children's menu

Gluten free:

We have changed our entire kitchen to gluten-free.

Enjoy all culinary creations completely carefree. Our gluten-free plus + soups, sauces, ...

Various breads for breakfast cereal cake Take time to enjoy for the excellent dishes.

Please let us know in good time before arrival, so that our service crew spoils you optimally.

CUSHION

The „right“ upholstery is the most important thing for a peaceful and comfortable sleep. To supplement the existing goose feather padding (no live plucking) we also offer the following alternatives.

„Anti-allergic“ Softbausch Comfort

Filled with siliconized fiberballs

Natural pillow „Pure nature“ Stone pine

Filled with millet husks and Tyrolean stone pine flakes

Neck support pillow Mediflex

The ideal support for your spine, suitable for allergy sufferers and breathable.

Orders until 08.00 pm at the reception. Limited availability. You can also buy all cushions from us.

CHILDREN'S PLAY ROOM

First soft play playroom in Obergurgl for climbing, sliding and moving. Safety approved.

CHURCH

Visit the parish church of Obergurgl. It is an architectural peculiarity. As it consists of two opposite naves, with a sanctuary in the middle.

Holy masses as posted or at <http://www.pfarre-gurgl.com>

CHECK-OUT

When the holiday comes to an end, please note the following:
Please vacate the room by 11.00 am
Return your room cards to the reception
Early departures: Order a packed lunch until 6 pm the day before
Late departure: Deposit your luggage in the trunk next to the ski room and use the day.



05 |

DEFIBRILLATOR

There is a defibrillator behind the reception which is available to all guests in case of an emergency. Cabinet marked with the logo!



DOGS

We ask for your understanding that we cannot let your dog into the dining room. Outside of mealtimes, we ask you not to leave your dog alone and unattended in the room / apartment. If furniture is damaged, we are forced to charge you for the repair.

DOCTOR

Dr. Kathrin Brunner Schlegel
Gurgler Strasse 118 / 6456 Obergurgl
Email: office@med-obergurgl.com
www.med-obergurgl.com
Right on the main street next to the tourist office
Opening times available at reception
in emergencies 24-hour service +43 5256 6423

DINNER

The 4-course evening meal is served from 06.30 pm to 08.00 pm. For half board guests a fixed table is already reserved with your room. Please make your menu choice already at breakfast. Beautify yourself and others by wearing appropriate clothing. Unaccompanied meals can not be refunded.
Our à la Carte Restaurant „Anna Stube“

Menue carte



DART

In the basement is a dart machine. Arrows are available at the bar. Throw in for the easy game is € 0.50 per player.

E-CAR

We have a charging station for your e-car at the back of the car park, which can be used for a fee. (Please report to the reception) A public charging station can be found at the bakery opposite the church.

EMERGENCY EXIT / ESCAPE ROUTE

These are marked by white arrows on a green background.

E

F

FLOWER

Flowers can be ordered from us at reception. Please at least one day in advance by 2 p.m., as we do not have a flower shop in Obergurgl.

FORGET

You have toothbrush, plaster, sewing kit, ets. forgot at home? Contact our reception. We can help you with most things, but for environmental reasons, do not put them on every room from the outset.

G

GIFTS

Post Boutique Decoration and small gifts
Kids & Gifts by Sport Lohmann
Woodcarver Bernhard Scheiber
or nate, traditional small carvings
Schäfergasse 3, in Obergurgl

H

HORSE RIDING

HAPPY MOMENTS ON EARTH... on the back of Tyrolean Haflinger horses. Horse riding enthusiasts can enjoy even the best views, because the riding hall directly in the center of Obergurgl offers a wonderful all-round view during the training sessions in the saddle. The hall is only 100 meters away from the Hotel Edelweiß & Gurgl and designed according to international guidelines for equestrian tournaments. With a size of 20 x 40 meters, the riding hall Obergurgl offers a total of 800 square meters for your indoor ride.

Of course, well equipped: obstacles such as Oxer, steep jumps and Cavaletti are available for your jumping training. In summer, you can also exalt the high alpine terrain of the rear Ötztal and experience it comfortably on horseback. The good Haflinger from own breed carry you to the landscape highlights.

Open daily from 9.00 am to 12.00 am and from 01.00 pm to 05.00 pm private lessons & group classes

Information & Registration:
Hotel Edelweiss; Gurgl Phone: +43 5256 6223

HAIR STYLIST

Salon Ricki - right on the main street
We are happy to make an appointment for you.
Opening hours from 8.30 a.m to 5.00 p.m.
Telephone: +43 5256 6273

HUT EVENINGS

- [Zirbenalm Traditional evening in Obergurgl](#): alpine flair at the Zirben Alm
- [Hohe Mut Alm](#) Hohe Mut Alm Tyrol

(Unfortunately, no reimbursement can be made for inclusive meals not consumed.)

I

INDOOR POOL

Aqua Dome Therme Längenfeld <https://www.aqua-dome.at/en/>
Indoor Swimming pool Freizeit Arena Sölden Freizeit Arena Sölden - Here you feel good (freizeit-soelden.com)

INVOICE

Reception open from 8 a.m. to 10 p.m

If you want to leave earlier, we ask you to settle the bill the evening before at the latest.

We accept cash in euros, your ATM, Maestro or EC card, as well as VISA or Mastercard.



INFORMATION RECEPTION

Open from 08.00 am to 10.00 pm. We are happy to provide you with information.

You can reach us with the numer 510 via your telephone.

INTERNET / WI-FI

We provide you with free Wi-Fi throughout the hotel.

Wifi: **Hot Spot Alpenland**

Password: **alpen1956**

LUNCH

from 11.30 am to 01.00 pm in the „Anna Stüberl“ or on the sun terrace. Enjoy hearty soups, crunchy salads, toasts, snacks and delicious pastries; - directly with the skis to Schikeller and lunch break out of the ski boots.

LIBRARY

In the basement is next to the ski cellar a small travel library, as well as the classic board games. You are welcome to borrow books and games. We only ask you to bring them back before departure.

MAIN SWITCH

All our rooms and apartments are equipped with main switches. We ask you to turn it off when leaving the room.



MEAL TIMES

Breakfast: from 7.30 a.m. to 10.00 a.m

Lunch: from 11.30 a.m. to 1.00 p.m

Dinner: from 6.30 p.m. to 8.00 p.m

MASSAGE

Let yourself be pampered and treat yourself to a soothing massage after a busy day. The massage list with the appointments can be found at the reception.

NEWSPAPERS

Daily newspapers are available next door to Riml Sports



NIGHT ENTRANCE

We lock our hotel entrance at around 11.30 p.m. With your room card you can open the sliding door (left) Open „DOOR OPENER“.

There are two emergency exit doors to the right of the hotel entrance, which you can open with your room card or with the ski cellar code.

N

08 |

NIGHT REST

Please take care of other guests and behave calmly from 10.00 pm in your room and on the balcony and set the TV to room volume.

PARKING

Our car park is behind our hotel, directly on the ski slope. If you block someone please let us know at the reception and leave us your car key as well

P

PARKING PLACE

Garage available in the community € 20.00 per day!

PLEASE DO NOT DISTURB SIGN

Modern system so that you can communicate your wishes about the room cleaning or about please do not disturb the maid. To do this, press the corresponding button in the room and then the corresponding information appears on the outside.

green = please clean the room

red = please do not disturb

ATTENTION: is cleaned up with us only until 02.00 pm o'clock!!

PHARMACY

Ötztal Pharmacy in Sölden
Gemeindefstraße 1, 6450 Sölden
Phone: +43 5254 2670
www.oetztal-apotheke.at

Opening hours in winter:

Monday to Friday from 08.30 am - 12.30 pm and from 02.30 pm - 06.30 pm

Saturday from 08.30 am - 12.00 pm and from 03.00 pm - 05.00 pm

In case of emergency: Please ring outside during normal business hours

POST CARDS

Postcards and stamps are available for your Holiday-mail from us at the reception. We are happy to bring these to the post office

POST OFFICE & POST BOUTIQUE

Directly on the main street is our postal partner Postboutique. Open from Monday to Friday from 8.30 am to 12.30 pm.

Post Cards you are welcome to leave us at the reception. Stamps are also available from us.



09 |

ROOM SERVICE

We are happy to bring you drinks and food (at the normal list price) to your room. Per service we charge € 5, -

Food from 11.00 am to 08.00 pm

Drinks from 8.00 am to 10.00 pm

You can order at the telephone number 510.



SAFE

Please deposit your valuables in the in-room safe or take a safe deposit box at the reception.

For non-locked valuables, we can not accept liability. Instructions for programming can be found directly at the safe.



SHOE POLISH MACHINE

This is located in the basement

SKI AND BOOT ROOM

Please deposit your skis, as well as your ski and hiking boots in our heated ski and boot room.

It is not permitted to store your ski equipment in the rooms and apartments and our employees are asked to take it to the ski and boot room.

Our ski and boot room is also video-monitored. Please do not push a wedge into the outer door, as the ski and boot room is only insured against theft when the door is closed.

You can open our ski cellar with your room card or with a 4-digit code. The code will be communicated to you upon check-in at the reception.

SKI SCHOOL OBERGURGL

Obergurgl ski school - tradition since 1922 <https://www.skischule-obergurgl.com/en/>

One of the best ski schools in Austria with over 100 trained snow sports instructors and a comprehensive program for the various sports:

skiing | snowboarding | cross-country skiing | Ski touring | Freeriding |
Snowshoeing | Children's ski courses in Bobo's children's club

S

SMOKING / NON-SMOKING

There is a no smoking policy throughout the hotel. Please smoke on the balcony or in front of the hotel entrance.

SPORTS SHOPS & BOUTIQUE

We recommend Sport Lohmann- right on the main street Shuttle service from the hotel to the shop and back. Ski equipment delivery service to our ski room Pick-up service at the end of your holiday, everything will be fine again picked up.

STAMPS

Stamps for your holiday post can be obtained from us at the reception or in the postboutique

SUGGESTIONS

Our daily effort is that you feel comfortable with us. It is important to us that good mood and satisfaction prevail throughout the house. Friendliness is more important to us than perfection, but that does not mean that we pay no attention to expert service and the standard of a 4-star hotel. If you still have a complaint, do not hesitate to call us directly and the reason for the reception. This allows us to fix problems immediately or find solutions together. It's about your vacation, the best time of the year, and our life content- both are too important to be adversely affected by the unspoken. Your Family Kieler and Team

SUPERMARKET

Spar Markt Grüner - in the center of the village
Mini MPreis - at the entrance to the Festkoglbahn (parking)

TAXI

Taxi Ossi - Obergurgl
Phone: +43 5256 6540
Phone: +43 664 4344490

Taxi Express - Sölden
Phone: +43 5254 2133
Phone: +43 676 8821 3300

T

W

WASHING MACHINE & DRYER

In the trunk (next to the ski cellar) we provide our guests with a washing machine, dryer and ironing board to disposal. Coins are available at reception.

- Wash including tab € 8,-
- Dryer € 7,-

Steam irons available free of charge at reception

WELLNESS RETREAT (WINTER)

Open from 03 pm. to 07 pm.

Immerse yourself in the world of rest and relaxation and enjoy:

- Classic sauna use in the Finnish sauna at a hot 90 degrees
- Gentle sweating in the bio sauna at a pleasant 60 degrees warmth with 40% humidity
- A textile bio sauna for our international guests with a different sauna culture, as well as for families with children
- The aroma steam bath with 40-50 degrees and 100% humidity represents a particularly relaxing fragrance experience and is particularly flattering for your skin and your respiratory tract
- You can cool down after the sauna in our ice grotto with crash ice fountain and refreshing alpine fog or in our KNEIPP hot and cold foot baths. Alternately, your feet and lower legs are caressed by warm and cold water. This particularly stimulates the blood circulation, the cardiovascular system is strengthened and heavy legs are relieved.
- You can conveniently book massages at our reception
- Then rest in our relaxation loungers or in the two water beds
You can also relax in our infrared loungers



WELLNESS REFUGE (SUMMER)

Open from 4.00 p.m. to 6.30 p.m

Immerse yourself in the world of rest & relaxation and enjoy:

- Immerse yourself in the world of rest & relaxation and enjoy:
- Classic sauna treatment in the Finnish sauna at a hot 90 degrees
- Gently sweating in the organic sauna at a pleasant 60 degrees and 40% humidity
- The aroma steam bath with 40-50 degrees and 100% humidity is particularly relaxing fragrance experience and is particularly flattering to your skin and respiratory tract
- You can cool down after the sauna in our ice grotto with crash ice fountain and refreshing alpine mist.
- You can easily book massages at our reception
- Then rest in our relaxation loungers or in the two water beds
- You can also relax on our infrared loungers